



EPA ADDICTIVE BEHAVIOURS SECTION REPORT 2024

SECTION COMMITTEE MEMBERS:

Chairperson: Prof. Dr. Arnt SCHELLEKENS

Co-chairperson: Dr. Sophia ACHAB

Secretary: Dr. Francina FONSECA

Councillor: Dr. Albert BATALLA

Councillor: Laura ORSOLINI

LIST OF SECTION MEMBERS:

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Badii AMAMOU, Monastir, Tunisia

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René KEET, Alkmaar, Netherlands
Falk KIEFER, Mannheim, Germany
Fabian KRAXNER, Hedingen, Switzerland
Haresh KUMAR, Khairpur Mirs, Pakistan
Tamás KURIMAY, Budapest, Hungary
Desiree LACIDA, Davao City, Philippines
Aiste LENGVENYTE, Montpellier, France
Bernd LENZ, Mannheim, Germany
Tino LINDNER, Utrecht, Netherlands
Giulio LONGO, Ancona, Italy
Hugo LÓPEZ PELAYO, Barcelona, Spain
Livia Andreea LUPSA, Göteborg, Sweden
Karl F. MANN, Mannheim, Germany
Mireia MARTÍNEZ CORTÉS, San Juan de Alicante, Spain
Kotchuthressia MATHEW, Manjeri, India
Frieda MATTHYS, Antwerp, Belgium
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Galyna OSADCHA, Kyiv, Ukraine
Raul Felipe PALMA ALVAREZ, Barcelona, Spain
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Joshua RODRIGUEZ
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Andriy V. SAMOKHVALOV, Guelph, Canada
Bruna SANADER VUKADINOVIC, London, United Kingdom.



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Miguel SANCHEZ TURET, Spain
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Henning SASS, Aachen, Germany
Ingo SCHÄFER, n/a, Germany
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Anastasia SIKORA, Ivano-Frankivsk, Ukraine
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Sumeet SINGH, Pathankot, India
Amro SOLIMAN, Cairo, Egypt
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Andreea TATAR, Hamburg, Germany
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Florence THIBAUT, PARIS, France
Shruti TIWARI, New York, United States
Wolfgang TRABERT, Germany
Ngoc TRA
Georgios TZEFERAKOS
Berna Diclenur ULUĞ, Ankara, Türkiye
Ramachandra V., Edgware, United Kingdom
Wim VAN BEN BRINK, Netherlands
Octavian VASILIU, Bucharest, Romania
Petar VIDOVIĆ.
Umberto VOLPE, Ancona, Italy
Hee YAN HAN, Letterkenny, Ireland
Damla YILDIRIM
Mihai-viorel ZAMFIR, Bucharest, Romania
Davide ZANI, Chur, Switzerland
Olena ZHABENKO, Rheinau, Switzerland

LAST SECTION COMMITTEE ELECTIONS HELD:

Date: 06-09-2022
Venue: Online

ACTIVITIES OF THE SECTION IN 2024:

Meetings/events



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32nd European Congress of Psychiatry

Description:

Ask the Experts

Topic: Ask the Experts

Chair: Arnt Schellekens (Netherlands)

Location: Budapest

Start date: 07/04/2024

End date: 07/04/2024

32nd European Congress of Psychiatry

Description:

Ask the Experts

Topic: Online addictions

Chair: Sophia Achab (Switzerland)

Location: Budapest

Start date: 07/04/2024

End date: 07/04/2024

32nd European Congress of Psychiatry

Description:

State of the Art Lecture

(Prescription) Opioid crisis in Europe? Challenges and solutions

Speaker: Arnt Schellekens (Netherlands)

Chair: Istvan Bitter (Hungary)



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Location: Budapest

Start date: 07/04/2024

End date: 07/04/2024

32nd European Congress of Psychiatry

Description:

Symposium

Technology-delivered interventions in the field of the addictions: a game changer or still a challenge?

Chairs: Laura Orsolini (Italy) , Sophia Achab (Switzerland)

Speakers:

Laura Orsolini (Italy) - Digital interventions in the field of techno-based addictions

Sophia Achab (Switzerland) - Patients' perceptions and preferences regarding telemedicine for addictive disorders([View Abstract](#))

Alexander Baldacchino (United Kingdom) - Role of digital technology in substance use disorder: The DigitAS project([View Abstract](#))

Location: Budapest

Start date: 07/04/2024

End date: 07/04/2024

32nd European Congress of Psychiatry

Description:

Joint Symposium EPA-EUFAS: Novel treatments for alcohol use disorder

Description:

Alcohol use and alcohol use disorder is related to numerous somatic and psychiatric disorders resulting in a high contribution to global burden of disease and premature death. The need to identify and treat alcohol use disorder is high. Yet there is a large treatment gap, with too few people being offered treatment and high relapse rates. During the latter years quite a few novel treatments have been



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suggested and researched. This symposium will describe the problems, possible solutions through novel guidelines and describe 3 novel approaches to the treatment of AUD.

Chairs: Arnt Schellekens (Netherlands) , Jørgen Bramness (Norway)

Speakers:

Jørgen Bramness (Norway) - Short intro on treatment gap

Arnt Schellekens (Netherlands) Short intro novel guidelines on drug treatment of AUD

Benjamin Rolland (France) - On Baclofen – why we still think it's worth a try

Julien Guiraud (France) - Sodium oxybate – new views on an old candidate

Maarten Belgers (Netherlands) - Therapeutic effects of rTMS in addiction

Partners:

EUFAS

Location: Budapest

Start date: 07/04/2024

End date: 07/04/2024

32nd European Congress of Psychiatry

Description:

Ask the Experts

Comorbidity of mental disorders with substance abuse

Chair: Frances Levin (United States)

Location: Budapest

Start date: 08/04/2024

End date: 08/04/2024



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32nd European Congress of Psychiatry

Description:

Workshop: Recent insights in comorbid mental and addictive disorders

Chair: Marc Potenza (United States) , Giuseppe Carrà (Italy)

Speakers:

Marc Potenza (United States) - Behavioral addictions and co-occurring psychiatric disorders: treatment implications

Alexander Baldacchino (United Kingdom) - Multimorbidity in the multi-disadvantaged

Laura Orsolini (Italy) - Internet and Online Video Gaming addictions

Marta Torrens Melich (Spain) - Dual Depression and gender

Location: Budapest

Start date: 08/04/2024

End date: 08/04/2024

32nd European Congress of Psychiatry

Description:

Symposium: Sex and gender: how are involved in addictive disorders and their comorbidities

Chairs: Marta Torrens Melich (Spain) , Francina Fonseca (Spain)

Francina Fonseca (Spain) - Gonadal hormones and relapse in substance use

Sophia Achab (Switzerland) - Women with internet related disorders

Francina Fonseca (Spain) - Harm reduction strategies for pregnant women using drugs: review of the evidence

Location: Budapest

Start date: 08/04/2024

End date: 08/04/2024



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Board meeting

Description:

Minutes:

Annual Report

Meeting in the EPA congress with section members

Agenda for the Section meeting

New board member application

Location: Online meeting

Start date: 20/03/2024

End date: 20/03/2024

Board meeting

Description:

Minutes:

Organize next board election process.

Location: Online meeting

Start date: 26/11/2024

End date: 26/11/2024

Other Section activities

Description:

Meeting of the EPA Addictive Behaviours Section members.

Event Start date: 08/04/2024



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Event End date: 08/04/2024

Outcomes

Minutes:

Attendants:

Albert Batalla

Hugo Lopez

Sophia Achab

Arnt Schellekens

Ceylan Ergül Arstor

Berna Cicenur Ulug

Alex Baldacchino

Florence Thibaut

Francina Fonseca

1.- Welcome by the Chair and attendant's presentations

2.- Activities of the section during 2023 (by the secretary)

3.- Presentation of the pan-European training in psychiatry (by the co-chair).

4.- Syllabus a paneuropean exam.

5.- Next EPA congress in Madrid 2025: for the core program. Proposals:

- Case-based workshops on addictions
- Training workshop: co-create the future design of training (Hugo Lopez)
- Intersectional proposals: Forensics, elderly, child and adolescent psychiatry, women mental health
- EPA/ISAM: training workshop (building bridges)
- Lecture: New treatments. Anne Lingford-Hughes



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- Transcultural psychiatry and addiction and spirituality (Alex Baldacchino)
- ICD-11: Addictive disorders, new categories, difficulties... (Sophia Achab)
- Pros/Cons: euthanasia and mental health. Compulsory treatment
- Pain and dependencies
- Neurodevelopmental issues and addiction
- Families and first-person experiences – EUFAMIS (Alex B.)

6.- Board elections: will be held in April 2025, in Madrid.

Description:

Webinar proposal accepted (2025)

Gaming Disorder (GD) in ICD-11- Training clinicians

Proposer: Sophia Achab

Moderators: Alex Baldacchino and Sophia Achab

Speakers: Sophia Achab, Marc N Potenza, Laura Orsolini

Event Start date: 14/10/2024

Event End date: 14/10/2024

Description:

Links with WHO, with EU, with ISAM :

Sophia Achab attended with President Geert Dom to the WHO/EU Alcohol Health Alliance meeting at WHO EURO Headquarters in Copenhagen.

Working groups on the strategy to reduce alcohol harms in Europe building on evidence.



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Event Start date: 11/12/2024

Event End date: 11/12/2024

Description:

Links with WPA and ISAM:

Sophia Achab: joint webinar submitted for EPA webinar series accepted for 2025

Sophia Achab: elected in summer 2024 committee member of WPA addiction section, representing Europe

Sophia Achab: Has been invited in fall 2024 to join Board of Directors of ISAM as Communication Officer

Event Start date: 31/12/2024

Event End date: 31/12/2024

Description:

Link activities by Laura Orsolini:

- Invited to cover the position of Liaison Officer at the ISAM-NeXT sub-committee International Network and Collaboration

- Invited to join the co-chair position at the ISAM-NeXT 2025-2026

Event Start date: 31/12/2024

Event End date: 31/12/2024

FUTURE ACTIVITIES:

Other Section activities

Description:

Accepted activities for next EPA Meeting:



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- Submission number : EPA2025-SP-1723
- Title : Pain and dependence: the downside of opioids
- Chairs : Arnt Schellekens, Lisa Davies
- Speakers : Lisa Davies, Francina Fonseca, Marta Torrens, Arnt Schellekens
- Session date and time : Sunday 6 April 2025 - 10:00 - 11:30
- Session room : Berlin

Event Start date: 06/04/2025

Event End date: 06/04/2025

Description:

EUFAS symposium on updates in addiction psychiatry accepted for next EPA Meeting.

Symposium EUFAS-EPA: Sopohia Achab, Vladimir Poznyak and Jørgen G. Bramness : addictive behaviors in ICD-11

Event Start date: 06/04/2025

Event End date: 06/04/2025

Description:

Accepted activities for next EPA Meeting:

- Submission number : EPA2025-SP-1107
- Title : Comorbid complexities in psychosis: an integrative symposium on interdisciplinary approaches
- Chairs : Emilio Fernández-Egea, Ana Catalan
- Speakers : Ana Catalan, Emilio Fernández-Egea, Albert Batalla, Armida Mucci



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· Session date and time : Monday 7 April 2025 - 15:00 - 16:30

Event Start date: 07/04/2025

Event End date: 07/04/2025

Description:

Accepted activities for next EPA Meeting:

State of the art on addictive behaviors has been accepted for the core with Sophia Achab as Chair and Marc Potenza as speaker : State-of-the-Art session on "Online Behavioural Addictions" on Sunday 6 April 2025 from 15:45-16:30.

Sophia Achab: been invited to take part of Early Career Psychiatrists Programme as a Judge in the Debate entitled "Should Cannabis be legalised?" Sunday 6 April 2025 from 17:00-18:30.

Event Start date: 06/04/2025

Event End date: 06/04/2025

FUNDING IN 2024

Income: none

Source(s) of funding:

NA

Expenditure: NA

Balance: NA

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No